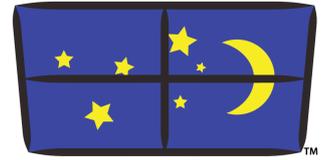


Caught in a Frame of Time

Music & Lyrics by Mike Bass



Level 1 Song 7

What time do you think we should meet **today**?

It's already late in the **afternoon**.

The **weather** is fine, partly **cloudy**

with pockets of **sunshine**, and I'd like to **talk with** you.

If it's **OK**, I'll just sit back and **enjoy** your company,

and remember when we were **members** of the same **sports team**.

Let's just talk about our **dreams**, and reminisce about our favorite **memories**.

Like when we were **junior high school students**... were we happy?

Who did we like, what did **each year** bring,

and did the **school festivals** help us forget the bad times in **between**?

Now instead of English and math, we have **yoga** classes.

Yeah you and I, friend, have grown **old** and gray, **but** behind our wrinkles

still lies a bed **of** smiles, and **only** in this **fall season**,

only on this **evening** can we see the dragon flies **move** across this **sunny** sky,

so elegantly, like a **picture**, caught in a frame of **time**.